

ESSENCE OF GITA

- WHY DO YOU WORRY WITHOUT ANY RHYME OR REASON? WHOM ARE YOU AFRAID OF UNAVAILINGLY? WHO CAN KILL YOU? SOUL NEITHER TAKES BIRTH NOR IT DIES.
- WHATEVER HAPPENED IT HAPPENED FOR THE GOOD. WHAT IS HAPPENING IS ALSO FOR THE GOOD. WHATEVER WILL HAPPEN THAT TOO WILL BE FOR GOOD. THOU DO NOT REPENT OVER THE PAST, DO NOT WORRY FOR THE FUTURE, PRESENT IS GOING ON.
- WHAT HAVE YOU LOST FOR WHICH YOU WEEP. WHAT DID YOU BRING WITH YOU WHICH YOU HAVE LOST? WHAT HAD YOU PRODUCED, WHICH HAS PERISHED? YOU DID NOT BRING ANYTHING, WHATEVER YOU HAVE, YOU HAD IT FROM HERE. WHATEVER YOU HAVE BEEN GIVEN YOU HAVE BEEN GIVEN ONLY HERE.
- WHATEVER YOU TAKEN, IT IS FROM HIM THE ALMIGHTY. WHATEVER YOU RENDERED, IT WAS RENDERED TO HIM. YOU CAME EMPTY HANDED AND WILL GO THE SAME WAY. WHATEVER IS YOUR'S TODAY, IT WAS SOMEBODY ELSE'S YESTERDAY AND WILL BE SOMEBODY ELSE'S DAY AFTER TOMORROW. YOU ARE DELIGHTED IN FEELING IT AS YOUR OWN. ALAS! THIS HAPPINESS IS THE ROOT CAUSE OF YOUR AGONIES.
- CHANGE IS THE LAW OF UNIVERSE. WHAT YOU UNDERSTAND AS DEATH, AS IN REALITY, IS LIFE. YOU BECOME A MILLIONAIRE IN MOMENTS, AND THE NEXT MOMENT YOU BECOME A PAUPER. LET THE THOUGHTS ABOUT MINE-YOURS, SMALL-BIG, MY OWN-SOMEONE ELSE'S BE WIPED OFF YOUR MIND AND THOUGHT, THEN EVERYTHING IS YOURS AND YOU BELONG TO EVERY ONE.
- NEITHER THIS BODY IS YOURS NOR YOU BELONG TO THE BODY. THE BODY IS CONSTITUTED OF FIRE, WATER, AIR, EARTH AND ETHERALFLUID AND IT WILL DISAPPEAR INTO THESE.
- HOWEVER, SOUL IS STEADY. THEN WHAT ARE YOU? YOU SURRENDER YOURSELF TO GOD AND THAT IS THE BEST ANCHOR. ONE WHO KNOWS ABOUT THIS ANCHOR IS LIBERATED OF THE FEAR, ANXIETY AND SORROW FOR EVER.
- WHATEVER YOU ACT UPON, CONTINUE TO DEDICATE IT TO GOD. BY SO DOING YOU WILL REALIZE THE HAPPINESS OF A LIBERATED ONE.

LORD KRISHNA